

We Need Your Help!

All of our team's operating revenues are raised through donations and fund raising events. More than \$200,000 in team-owned equipment must be maintained and insured. The cost of operating Larimer County Search and Rescue grows more expensive each year.

Your donation to our team is tax deductible and will SAVE LIVES. We need your financial help to replace or update worn or obsolete equipment, including medical equipment, radios, and vehicles.

We will never charge for search and rescue because history has shown people wait too long to call for help if they know they will be charged.

Please take the time to fill out the information below and return this portion of the brochure with your donation. We encourage you to browse our website at the address below. This will keep you up-to-date on our latest missions and activities. The website also has valuable safety tips and all of our current contact information.

Many thanks from Larimer County Search and Rescue and those whose lives we touch.

(please print)

Your Name _____

Address _____

City, State, Zip _____

Please make checks payable to LCSAR. Mail completed form to:

Larimer County Search and Rescue
1303 North Shields Street
Attn: SAR Office
Fort Collins, CO 80524-1014
Office Voicemail: (970) 498-5314
www.larimercountysar.org
e-mail: lcsar@larimercountysar.org

Saving Lives

Millions of people visit the mountains of Larimer County each year. A few will become lost, stranded, or injured . . . some will die.

The objective of our team of unpaid professionals is to find and rescue these lost or injured people before it's too late. These skilled and practiced women and men are prepared to respond to emergencies and disasters 24 hours a day, 7 days a week, 365 days a year.

Larimer County Search and Rescue is a nonprofit, tax-exempt organization dedicated to saving lives and educating the public on wilderness safety. Each year more than 4,000 people are touched by our quick response to searches and rescues as well as our wilderness safety classes.

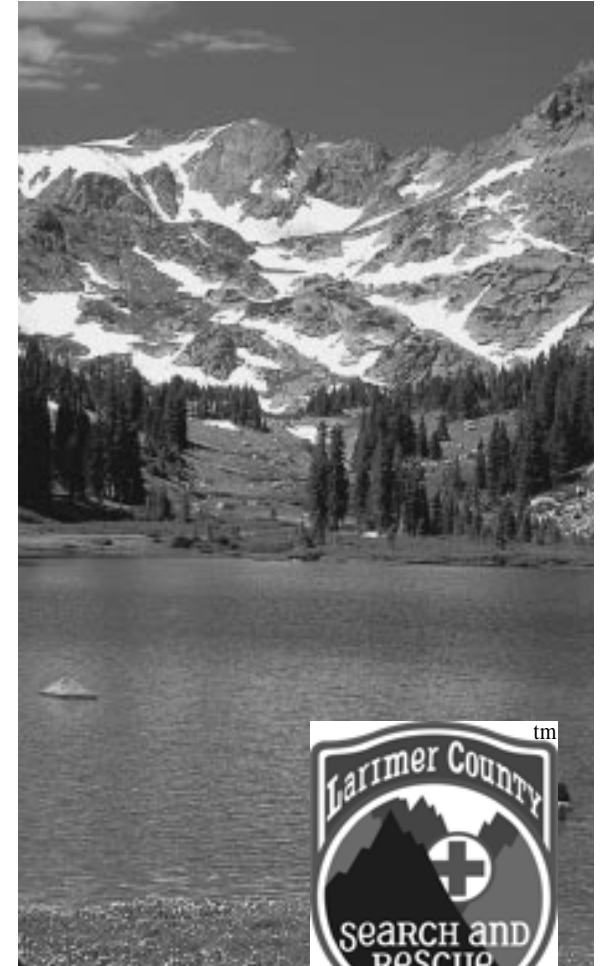
If you would like more information on the team's public presentations or joining the team, call our office at:

(970) 498-5314(voicemail) or visit
www.larimercountysar.org



Visiting the Mountains of Larimer County

Safety Tips from Larimer County Search and Rescue



*"Being There When It Counts,
so that others may live."*



The rich variety of recreation in Larimer County is accented by its beautiful mountains, canyons, rivers, lakes, and forests. Larimer County Search and Rescue hopes that the time you spend in our great outdoors is safe and relaxing. This information is intended to help you prepare for your outdoor adventures.

Weather:

"If you don't like the current weather, wait a few minutes and it will change." This well known Colorado phrase is very true of the weather in our mountains. You can see every type of precipitation any time of the year. The dangers of hypothermia exist even in the summer. Your best preparation is to check the local forecast and bring along clothing layers to protect against rain, wind and cold as well as a hat and gloves suitable for any season.

In the event of lightning, stay low to the ground and away from isolated trees and exposed metal. Keep away from exposed areas where you are the tallest object.

Call these numbers for the latest on weather and avalanche information:

Mountain States Weather: 484-8920
Avalanche Information: 482-0457

Altitude:

The altitude in and around Larimer County ranges from the plains to 14,256 foot world-famous Long's Peak. The effects of altitude can come on quickly and can be dangerous. Symptoms include nausea, headache, shortness of breath and dizziness. Your best preparation is to keep yourself well hydrated, dry, and warm. If you feel the effects of altitude, turn around and head back down the trail immediately. You can always reach your original objective another day.

Preparing for your adventure:

Here are the steps you should always follow when heading into the mountains away from civilization:

- 1) Let someone know where you are going, your route, and when you expect to return. Notify them when you do return or if your plans change.
- 2) Bring several layers of synthetic or wool clothes. You can get very hot hiking, but can cool down quickly after stopping. Make sure that you have a wind-proof and waterproof layer. (Cotton clothing is not a good choice - it absorbs moisture and is difficult to dry which will make you colder)
- 3) Bring a hat and sunglasses. Always wear sunscreen to protect your skin.
- 4) Wear good footwear with ankle support and a firm sole with a secure grip.
- 5) Carry a compass and map of the area. Learn how to use them!
- 6) Carry emergency equipment such as matches, solar blanket, a first aid kit, whistle, signal mirror, and a flashlight.
- 7) Take ample food and about 2 quarts of water per person per day. **Don't drink from streams! You can get sick doing this if you don't purify the water.**
- 8) Keep your party together. **Don't separate!**

What to do for accidents/lost persons:

- 1) Determine the location of the injured party or the last place you saw the lost person. Preserve the last seen point - it can contain valuable information for our Trackers and Dog Teams.
- 2) If a person is injured, treat the injuries as best as you can. If possible leave someone behind to care for them. Leave adequate food, water, clothes, and survival gear for the subject. Send someone for help.
- 3) **Call 911** immediately and notify the dispatcher of the situation. They will assist you and will notify Larimer County Search and Rescue. **YOU WILL NOT BE CHARGED FOR YOUR SEARCH AND RESCUE!**

What to do if you are lost:

- 1) Stop walking! Find a tree to hug.
- 2) Draw attention to yourself any safe way possible. Put on your brightest clothing. Yell or whistle if you hear your name called or another whistle.
- 3) Keep calm! Pull out your survival gear, build a fire if necessary, and wait. Larimer County Search and Rescue will find you, that's why we train so much!
- 4) If you have a cell phone, and can find a cell signal, call 911. Do not waste batteries calling friends and family. **YOU WILL NOT BE CHARGED FOR YOUR SEARCH AND RESCUE!**



Enjoy Larimer County!